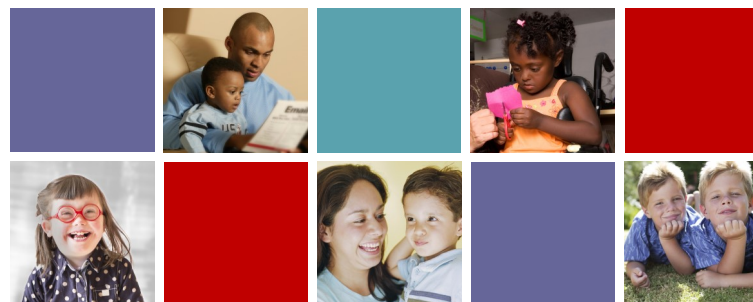




# CRITICAL CONVERSATIONS

Pediatric Mental Health in Primary Care  
 Tuesday, May 5, 2020  
 8:20am-2:45pm

Northeast Iowa Community College  
 Wilder Business Center  
 1625 Highway 150 S  
 Calmar, IA 52132



## Program Agenda

Tuesday, May 5, 2020- WBC Auditorium

8:20am-8:45am	Registration and coffee
8:45am-9:00am	WELCOME AND ANNOUNCEMENTS Thomas Scholz, MD
9:00am-10:00am	THE RELATIONSHIP BETWEEN ADHD AND PRIMITIVE REFLEXES: COLLABORATIVE TREATMENT Bridgette Hensley, PsyD Tarynne Carlson, OTR/L
10:00am-11:00am	EATING DISORDERS: BEING THIN IS NOT ALWAYS IN! Lisa Kongable, MA, PMH-CNS, ARNP, CNE
11:00am-11:30am	INTRODUCTION TO THE IOWA PEDIATRIC MENTAL HEALTH COLLABORATIVE Thomas Scholz, MD
11:30am-12:30pm	Lunch and Networking <i>(lunch will be provided)</i>
12:30pm-1:30pm	COLLABORATIVE AND PROACTIVE SOLUTIONS: REACHING PAIR-ADISE (OVERVIEW OF CPS AND CASE EXAMPLES WITH TWINS) Laura Fuller, PhD, ABPP Wemi Adeyanju, MD
1:30pm- 2:30pm	PSYCHOSOCIAL CONSIDERATIONS FOR YOUTH WITH TYPE I DIABETES Jennifer Paternostro, PhD
2:30pm-2:45pm	Closing Remarks

# Session Information

## THE RELATIONSHIP BETWEEN ADHD AND PRIMITIVE REFLEXES: COLLABORATIVE TREATMENT

Bridgette Hensley, PsyD, Winneshiek Medical Center  
Tarynne Carlson, OTR/L, Pediatric Occupational Therapist, Winneshiek Medical Center

### Objectives:

1. Identify best practices for assessing and treating ADHD in youth.
2. Identify what primitive reflexes are and potential causes of retention.
3. Recognize signs of primitive reflex retention and examples of treatment intervention.

## EATING DISORDERS: BEING THIN IS NOT ALWAYS IN!

Lisa Kongable, MA, PMH-CNS, ARNP, CNE  
University of Iowa Hospitals and Clinics, Iowa Wesleyan University

### Objectives:

1. Differentiate the diagnostic classifications of eating disorders.
2. Explain the etiology of an eating disorder from a diathesis-stress model perspective.
3. Describe a multidisciplinary team approach towards the treatment of clients diagnosed with an eating disorder.
4. Identify treatment resources available addressing eating disorder treatment and recovery.

## INTRODUCTION TO THE IOWA PEDIATRIC MENTAL HEALTH COLLABORATIVE

Thomas Scholz, MD - University of Iowa Division of Child and Community Health

### Objectives:

1. Review the goals and objectives of the Iowa Pediatric Mental Health Collaborative.
2. Discuss trainings to develop capacity of primary care providers to treat children with mild to moderate needs within their medical home.
3. Describe consultation service between primary care providers and University of Iowa Child and Adolescent Psychiatrists.
4. Recommend connection with Regional Pediatric Mental Health Teams for care coordination and family to family support.

## COLLABORATIVE AND PROACTIVE SOLUTIONS: REACHING PAIR-ADISE (OVERVIEW OF CPS AND CASE EXAMPLES WITH TWINS)

Laura Fuller, PhD, ABPP- University of Iowa Department of Psychiatry  
Wemi Adeyanju, MD- University of Iowa Department of Psychiatry

### Objectives:

1. Explain the core philosophy of Collaborative and Proactive Solutions.
2. Identify resources for learning more about CPS and the research base that supports it.
3. Describe the application of CPS through case examples.

## PSYCHOSOCIAL CONSIDERATIONS FOR YOUTH WITH TYPE 1 DIABETES

Jennifer Paternostro, PhD- University of Iowa Division of Developmental and Behavioral Pediatrics

### Objectives:

1. Identify the psychosocial Standards of Medical Care in youth with Type 1 Diabetes.
2. Recognize psychosocial barriers that impact diabetes management in children and adolescents.
3. Understand the role of psychology in the multidisciplinary treatment and management of Type 1 Diabetes.

# General Information

## STATEMENT OF PURPOSE

The purpose of this conference is to help primary care providers increase their capacity to treat children and youth with mild to moderate mental health needs within their medical home. Conference sessions will include information about identifying, assessing, and treating common child and adolescent psychiatric disorders such as ADHD, Anxiety and Depression.

## AUDIENCE

Pediatricians, Family Practice Physicians, Nurse Practitioners, Physician Assistants, Registered Nurses, Licensed Practical Nurses, and Mental Health Providers.

## LOCATION

Northeast Iowa Community College  
Wilder Business Center  
1625 Highway 150 S  
Calmar, IA 52132

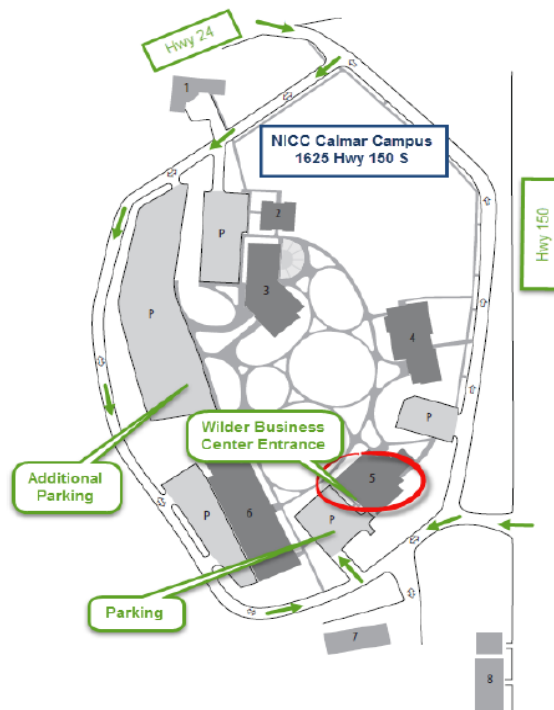
Venue information can be found at the link below:

<https://www.nicc.edu/wilder/>

## PARKING

Free parking is available outside of the main entrance.

<https://www.nicc.edu/media/nicc/documents/bcs/Map-to-Wilder.pdf>



# Registration

## REGISTRATION FEES

This training is provided at no cost. Registration is required.

## ONLINE REGISTRATION

Register online:

Registration form link: <https://uiowa.cloud-cme.com/default.aspx?P=0&EID=35061>

Website link: <https://uiowa.cloud-cme.com/default.aspx?P=1000>

If you encounter difficulties while registering, please call the University of Iowa CME Office at 319/335-8599, M-F, 8-4:30.

You will receive a confirmation email verifying your registration.

## FOR MORE INFORMATION OR QUESTIONS

Contact Kafi Dixon:

Phone 319-356-3570

Email [kafi-dixon@uiowa.edu](mailto:kafi-dixon@uiowa.edu)

## CANCELLATION

To cancel your registration, contact the University of Iowa CME Office at 319-335-8599.

## CONTINUING EDUCATION

**CME ACCREDITATION** - The University of Iowa Roy J. and Lucille A. Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**CME CREDIT DESIGNATION** - The University of Iowa Carver College of Medicine designates this live activity for a maximum of 4.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**NURSING CE ACCREDITATION** - The University of Iowa College of Nursing is an Iowa Board of Nursing approved provider, Number 1. For full-time attendance, 4.5 contact hours will be awarded.

This training is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$445,000 with 20% financed with non-governmental sources. The content are those of the presenter(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS or the U.S. Government.



Division of Child and Community Health